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FREQUENTLY ASKED QUESTIONS

What is the best way to reach you? The best way to reach me is to contact me by phone at 203 795 1118. Leave a message, if I do not answer and several good times to call you back.

What are your hours of operation? I am available for sessions as follows:

Monday, 10-6pm; Tuesday 8:30AM- 6PM; Wednesday 11-6PM: Thursday 11- 6 PM; Friday 9 AM- 5PM.

How frequently do you meet with clients? Most often we meet once weekly. On occasion this may be altered depending upon what is most helpful to the client. Following an assessment, we would determine a mutually agreed upon, predictable weekly meeting time.

Are you available after hours? I am available by phone after hours for emergencies.

What are your fees? I charge the following:

- **First session \$125**
- **Individual/Family Session \$100**
- **Phone Consultation (over 15 minutes) ; Report Writing/ Review - \$60/hr.**

Can I use my health insurance?

I will support your submission to your insurance carrier so that you can be reimbursed for my fee. I am a provider for Anthem/Blue Cross and will submit the bill directly to them. For Blue Cross Blue Shield Policies, you are only responsible for your copay.

What is your cancellation policy?

I request that clients provide a minimum of 24 hour notice for a cancellation of an appointment. If an appointment is cancelled in less than 24 hours or missed without notice, I charge \$60 for that hour.